

Treatment of 47,864 cases effectiveness analysis

Zhineng Qigong treatment of 47,864 cases analysis of effectiveness on patients

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Main content : this article is the analysis of the results of 47864 cases of patients who utilized zhineng qigong for treatment. The result indicated that 23.5% patients met the criteria of getting cured, 40.7% of them fulfilled the criteria of having very effective results and the total rate of effectiveness was 99.05%

Key: Zhineng Qigong, analysis of treatment effectiveness

Since its begin in 1981, Zhineng Qigong has shown great power in treating illnesses. Many difficult and complicated cases achieved remarkable results through Zhineng Qigong. This is the analysis report from March 1992 to December 1996. (Excludes patients with malignant tumours patients, they were only considered cured after a disease free period of 3 years and above)

1. General clinical significance

In the 47,864 cases there were 209 types of diseases, 24,052 males and 23,812 females. The eldest patient was 86 years old and the youngest patient was 2 month old. See table of ages groups below.

15 years & below	16 to 30 years	31 to 45 years	46 to 60 years	61 to 86 years
3,820	10,005	12,490	15,383	6,166
Duration	1 month	2 months	3 months	4 months & over
No of patients	32,218	11,760	2,555	1,330
Percentage	67.31%	24.57%	5.34%	2.78%

2. Methods of treatment :

1. Watch and listen to videos of Teacher Pang's lectures including introductory to Zhineng Qigong, use of mind, Daode Theory, Theory of Qi etc. on Zhineng Qigong Theory and practice.
2. Practice Lift Qi Up, Three Centres Merge and other Zhineng Qigong exercises.
3. Various form of Qi healing through Qi field.
4. Counseling by Qigong teachers.

3. Criteria for effectiveness classification.

1. Cured
 1. Disappearance of clinical signs and symptoms.
 2. Patient felt alert, energetic, had good appetites and slept well.

3. Various types of analysis or special test that reveal related functions back to normal.
4. Stop using various related medications.

Those who met 4 criteria were categorised in the ‘cured’ group.

2. Very effective

1. Disappearance of clinical signs and symptoms.
2. Improvement in alertness, appetite and sleep.
3. Various types of analysis or special tests that revealed significant improvement.
4. Stop or reduce the usage of various related medications.

Those who met all 4 criteria were categorized in ‘very effective’ group.

3. Effective

1. Improvement in clinical signs and symptoms
2. Improvement in alertness, appetite and sleep.
3. Various types of analysis or special tests that revealed improvement.

Those who met one of this criteria were categorised in ‘effective’ group.

4. Not effective

1. No improvement in clinical signs and symptoms or deterioration.
2. No improvement detected in various types of analysis or special test.
3. Deterioration in alertness, appetite and energy of patient.

Those who met all 3 criteria were categorised in ‘not effective’ group.

Please refer to Clinical Standards for Common Diseases by Tao Tianzhun and Clinical Standards for Diagnosis, Cure, Improvement by Health Division, Main Rear Service Unit of People’s Liberation Army of China.

4. Effectiveness of Treatment

Effectiveness	Cured	Very Effective	Effective	Not effective	Total; Patients
No of cases	11,248	19,482	16,680	464	47,864
Percentage	23.5%	40.7%	34.85%	0.95%	100%

5. Discussion

The majority of those who sought treatment at the Recovery Centre were patients who had tried and failed to get satisfactory results from Chinese and western medicine. To them

qigong was their last hope. Most of them were suffering from chronic difficult illnesses or the so-called terminal diseases, that were difficult to treat by modern medical science and traditional Chinese medicine. They had had the diseases for a longer period (Random sampling of 468 patients revealed that the longest was 36 years, the shorter was 1 month and the average was 6.8 years) and were in severe condition. Treatment with Zhineng Qigong Medical Science (hunyuan Medical Science) on such patients attained world-overwhelming results: average cure rate of 23.5%, very effective rate of 40.7%, more than 99% of the patients attained different levels of effectiveness. This has proven one of the views of Hunyuan Medical Science the various illnesses contracted by human beings are the abnormal changes of qi to develop abnormalities to produce diseases, it indicates that at a pathological state, the (bodily) qi is also able to react with external qi to change for the better. In other words, all illnesses are reversible.

The 47.864 cases include 209 types of illnesses. The numerous patients and types of illnesses were all treated with the same simple method (practising Zhineng Qigong and receiving qi healing) and all achieved good results. This has revealed the speciality of Hunyuan Medical Science and proven the other points of Hunyuan Medical Science: the process of treatment is also the process of strengthening human body functions. Treatment by Hunyuan Medical Science does not focus on the condition of the illness, but on the movement of human (bodily) qi, adjusting the abnormal qi movement back to normal. It does not treat according to symptoms differentiation nor according to type of illness. It is a 'one for all' method that is simple yet highly effective.

A great majority of the patients in this article had severe chronic illnesses for a long time. However, with 1 to 2 months of treatment, most of them attained significant improvement, with a portion of them getting cured. The reason why Hunyuan Medical Science can be so effective is because even though it involves physical practice and external qi healing, it is based on the work on (bodily) qi and stresses on controlling qi with the mind to fight illnesses. This is done through the mental command, directing qi to work directly on various parts of human body and regulating the process of change of qi (open-close, out in, accumulate-disintegrate, transformation), making full use of the ability of the mind and its effect of having holistic information to directly change the time-space configuration of the abnormal qi. Therefore, the recovery period is short and speedy.

Effectiveness		Cured		Very effective		Effective		Not Effective		Total cases	
Type of Disease	Total cases	Cases	%	Cases	%	Cases	%	Cases	%	Cases	%
Deafness	3800	753	19.82	1193	31.39	1810	47.63	44	1.16	3756	98.84
Rheumatoid Arthritis	3375	997	29.54	1458	43.20	902	26.73	18	0.53	3357	99.47
Diabetes	2810	243	8.65	844	30.04	1660	59.07	63	2.24	2747	97.76
Osteoarthritis	2263	889	39.28	926	40.92	444	19.62	4	0.18	2259	99.82
Mental instability	1953	1180	60.42	500	25.60	265	13.57	8	0.41	1945	99.59

Gall/Kidney stone	1961	319	16.35	726	37.21	871	44.64	35	1.79	1916	98.21
High blood pressure	1935	439	22.69	653	33.75	774	40	69	3.57	1866	96.43
Coronary heart disease	1838	389	21.16	711	38.68	726	39.5	12	0.65	1826	99.35
Liver cirrhosis	1005	65	6.47	498	49.55	433	43.08	9	0.9	996	99.1
Chronic gastritis	1003	573	57.13	321	32	106	10.57	3	0.3	1000	99.7
Chronic bronchitis	879	288	32.76	374	42.55	215	24.46	2	0.23	877	99.77
Slipped disc	765	276	36.08	315	41.18	172	22.48	2	0.26	763	99.74
Post Physical Injury complication	756	186	24.6	317	41.93	252	33.33	1	0.13	755	99.87
Heart valve disease	740	7	0.95	416	56.22	306	41.35	11	1.49	729	98.51
Brain damage paralysis	651	30	4.61	315	48.39	302	46.39	4	1.61	647	99.39
Myopia	508	60	11.81	194	38.19	241	47.44	13	2.56	495	97.44
Bronchiole Asthma	493	100	20.28	235	47.67	157	31.85	1	0.2	492	99.8
Spinal Injury Paralysis	486	8	1.65	189	38.89	284	57.44	5	1.03	481	98.97
Cataract	373	29	7.77	181	48.53	156	41.82	7	1.88	366	98.12
Brain Tumour	366	2	0.50	190	51.91	167	45.63	7	1.91	359	98.09
Degenerative Muscular Dystrophy	315	9	2.86	157	49.84	148	46.98	1	0.32	314	99.68
Skin Disease	255	44	17.25	116	45.49	94	36.86	1	0.39	254	99.61
Gastric Ulcer	246	91	36.99	118	47.79	35	14.23	2	0.81	244	99.19
Arrhythmia	185	84	45.41	64	34.59	37	20	0	0	185	100
Shoulder Inflammation	175	117	66.86	42	24	16	9.14	0	0	175	100
Sciatica	164	79	48.17	62	37.8	23	14.02	0	0	164	100
Chronic Throat Inflammation	159	86	54.09	44	27.67	29	18.24	0	0	159	100
Bell's Palsy	131	29	22.14	73	55.73	29	22.14	0	0	131	100
Glaucoma	122	5	4.1	16	37.7	69	56.56	2	1.64	120	98.36
Severe Muscle weakness	116	6	5.17	57	49.14	53	45.69	0	0	116	100
Hyperthyroidism	115	18	15.65	54	49.96	42	36.52	1	0.87	114	99.13
Parkinsonism	110	6	5.45	45	40.91	59	53.64	0	0	110	100

Thyroid Tumour	110	20	18.48	69	62.73	21	19.09	0	0	110	100
Prostate Inflammation	97	38	39.18	31	35.05	25	25.77	0	0	97	100
Polycystic Ovary Syndrome	94	15	15.96	49	52.13	30	31.91	0	0	91	100
Children Mental retardation	91	11	11.70	37	39.36	45	47.87	1	1.06	93	98.94
Nasal Inflammation	88	51	61.36	20	22.73	13	14.77	1	1.14	87	98.86
Gastrointestinal disorder	78	43	55.13	27	34.62	6	7.69	2	2.56	76	97.44
Cardio pulmonary disorder	75	2	2.67	29	38.67	44	58.67	0	0	75	100
Pelvic inflammation	74	36	48.65	23	31.08	13	17.57	2	2.7	72	97.3
Sinusitis	71	39	54.93	25	35.21	7	9.86	0	0	71	100
Descended Stomach	69	33	47.83	24	34.28	12	17.39	0	0	69	100
Thrombophlebitis	64	10	15.63	33	51.56	21	32.81	0	0	64	100
Urinary infection	56	21	37.5	28	50	6	10.71	1	1.79	55	98.21
Venous Thrombosis	50	4	8	30	60	16	32	0	0	50	100
Prostate enlargement	46	7	15.22	21	47.65	18	39.13	0	0	46	100
Physical eye injury	44	6	13.64	10	22.75	28	63.64	0	0	44	100
Fatty liver	33	11	33.33	16	48.48	6	18.18	0	0	33	100
Gall Bladder polyps	23	11	47.83	5	21.74	7	30.43	0	0	23	100
Hypothyroidism	15	2	13.33	9	60	4	26.67	0	0	15	100
Others	7592	1896	24.97	3219	42.40	2423	31.92	54	0.71	7538	99.29